Project Change 3 Phase Model: Enriched Preparation, Post-Secondary Bridging, and First-Year Support
Adapted from the "Back On Track Postsecondary Model" as presented in the National Coalition on Youth Employment Post Secondary Success Initiative Report: "Promoting Postsecondary Success of Court-Involved Youth"

1. Enriched Preparation
Project Change provides college services for preparation to transition to community college on-site at the juvenile youth facilities.

- **College Readiness Workshops (Orientation Cohort):** A monthly workshop is held at the juvenile youth facilities 5 times a year (January-May), which provides: preparation for the Priority Enrollment Program (PEP) event at CSM and general information about the college. Students additionally receive a financial aid workshop. Students are introduced to information about college programs and majors, and an overview of pathways through the community college: career and technical education, certificate programs, associate degree, and transfer. College professors and successful current students accompany the project director to the workshops in the juvenile youth facilities to share with the students about their opportunities for college. A financial aid staff member additionally assists to dispense information about various programs (FASFA, Dream Act, BOG, grants and scholarships).

- **College Courses (Juvenile Hall LCTR 105 Cohort):** A college course, LCTR 105: “Keys to Success,” taught by a CSM college instructor, is offered to students currently incarcerated so they can earn college credit in the juvenile youth facilities. This course is open to concurrent enrollment students as well as those who have completed their GED/High school diploma. This course provides those still working towards a secondary degree triple high school credit in addition to college credit. The class is aimed at preparing students for their first-year in college and covers study skills, stress management, math and English skills, and provides an introduction to college culture. It is a college credit course and is UC transferable.

2. Postsecondary Bridging
Project Change provides students a clear pathway and support network for success at the College of San Mateo. This is done both on-site at the juvenile youth facilities and the college campus:

- **College Enrollment (Orientation Cohort):** A monthly on campus event is held 5 times a year, January-May, on the college campus for students who have participated in the college readiness workshops at the juvenile youth facilities. Probation releases students from custody to attend, and they are brought to campus by probation staff. These students participate in PEP. Each student takes his or her math and English placement tests, participates in an informative college orientation, and meets with an assigned counselor.

- **Summer Bridge Program (Pathway Cohort):** Students who are selected for the Project Change cohort, enroll in a summer bridge program at CSM, Pathway to College, which provides college readiness skills and support before beginning their first-year college courses.

3. First-Year Support
First-year support for students on campus at the College of San Mateo

- **College Courses**
After completing the summer bridge course, Pathway to College, students begin taking their college courses. Each student works with their assigned counselor to create an individualized course schedule based on his or her interests, goals, and assessed level of readiness.
**Mentoring:** Students are matched with faculty/staff mentors for the full academic year who provide guidance and support to help students be successful;

**Mentor and Mentee Support:**
- Mentors and mentees attend an orientation and training workshop in the fall semester.
- Mentors and mentees fill out an evaluation form at the start of the fall semester, midway through the academic year, and at the end of the student’s first year.
- Mentors meet with the students bi-weekly for one hour each meeting